

FIT, FED & READ

**No Booking
 Required**



Monday	Tuesday		Wednesday		Thursday		Friday	
Treuddyn CH7 4LU 2:00-3:30pm	Connah's Quay CH5 4SA 11:00am-12:30pm	Flint CH6 5PD 2:00-3:30pm	Saltney CH4 8LT 11:00am-12:30pm	Aston CH5 1LR 2:00-3:30pm	Mostyn CH8 9PE 11:00am-12:30pm	Holywell CH8 7TQ 2:00-3:30pm	Mold CH7 1DR 11:00am-12:30pm	Buckley CH7 2LP 2:00-3:30pm
24 Jul 31 Jul 7 Aug 14 Aug 21 Aug	25 Jul 1 Aug 8 Aug 15 Aug 22 Aug	26 Jul 2 Aug 9 Aug 16 Aug 23 Aug	27 Jul 3 Aug 10 Aug 17 Aug 24 Aug	28 Jul 4 Aug 11 Aug 18 Aug 25 Aug				

- FREE community sport and physical activity for all ages
- Summer Reading Challenge and crafts
- Food, snacks and drinks provided

Contact: josh.mcewan@aura.wales