

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Lunch Time</u>	<u>Lunch Time</u>	<u>Lunch Time</u>	<u>Lunch Time</u>	<u>Lunch Time</u>
<p>Basketball/ Dodgeball in the sports hall for Years 10&11</p>  <p>Ks 4 dodgeball competition Wednesday 24th October 2018</p>	<p>Basketball/ Dodgeball in the sports hall for years 7,8,& 9</p> <p>Ks 3 dodgeball competition Wednesday 21st November 2018</p>	<p>Badminton Club All Years Welcome</p>  <p>Badminton Competitions coming up: Tops schools 5x60 shuttle time</p>		<p>Girls Only Club All years welcome in the gymnasium please bring trainers</p> <p>Cheerleading & Cricket With Bethan 5x60 officer 6th form coaches</p>
<u>After School</u>	<u>After School</u>	<u>After School</u>	<u>After School</u>	<u>After School</u>
<p>Girls Football session @ Flint High School Astro turf with Coach from Northop Girls Football Club</p> <p>3.45pm till 4.30pm</p>	<p>Gymnastics Club At Flint High School All years welcome till 4.45pm</p> 	<p>Games Night With PE staff</p> <p>Football, netball & more</p> <p>Hockey Club With Mrs Heaton (Science teacher) @ Flint High School till 5.00pm</p>	<p>Community football session on Flint high astro turf</p> <p>7pm till 8pm Free session</p>	<p><u>5x60 Leisure Club</u></p> <p>Half an hour gym usage £1.00</p> <p>Teen Fitness Class £1.00</p> <p>Ten pin Bowling £1.00 (min 8 people)</p>

**Students must have trainers to take part in lunch
time clubs**



PE and 5X60 Extra-Curricular Time Table

